



Food = Love

The good things in life are not always free, and catering is not out of your reach. Come by our shop and experience the immediacy of our shop kitchen in order to purchase ready-made casseroles, or to pick up your order.

You can even bring in your own dishes and we'll fill them up for your family or next pot-luck dinner. We help out many families and busy people by providing nutritious, local and lovingly prepared food. BE Stress-free!

\*Gift Certificates can be purchased and applied to the ready-made casserole service: great for people who live far away from Peterborough who have friends or relatives here. \*

We Make:

- \* Chicken or Turkey Pot Pies
- \* Beef Pot Pies
- \* Meat Lasagnes
- \* Vegetable Lasagnes with Grilled Vegetables and Spaghetti Squash
- \* Lamb, Chicken or Chickpea Curry
- \* Beef or Vegetable Chili
- \* Shepherd's Pie (beef)
- \* Variety of Quiches
- \* Sage and Cranberry-Stuffed Turkey Breast
- \* Variety of Seasonal Soups
- \* Mediterranean-Stuffed Chicken Breasts with Sun-dried Tomatoes, Feta, Spinach, Herbs
- \* Asian-Inspired Stuffed Sesame Hoisin-Glazed Pork Tenderloin
- \* Cabbage Rolls
- \* Tourtieres (Winter Season)